

# P O O L S I D E

## D I N I N G

### Breakfast A La Carte 自選早餐

Two eggs any style 158

Add with country-style potatoes with choice of:

Bacon, honey roasted ham 60

or house chipolata (chicken-herbs or pork)

鮮雞蛋兩隻，自選烹調方式

配燒薯及自選煙肉、蜜味火腿、自家製香草雞肉腸、或豬肉腸

 Egg white frittata 250

With spinach, shiitake and confit cherry tomatoes  
意式素菜焗蛋白奄列配菠菜、香菇及油封車厘茄

Homemade granola 165

With soya milk and ginger-marinated oranges

自製焦糖穀麥配豆奶伴薑汁橙肉

The Peninsula's Bircher muesli 165

凍瑞士有機麥片

Choice of all bran, cornflakes, raisin bran or shredded wheat serves with whole milk, non-fat milk or organic soya milk – hot or cold 115

各式麥片 - 全麥、玉米、葡萄乾、碎小麥

配全脂、脫脂牛奶或有機豆奶 - 可選凍熱

Add fresh berries or sliced bananas 50

另加鮮莓果或香蕉片

Plain or fruit yoghurt 148

原味或鮮果乳酪

French fruit yoghurt 148

法式鮮果乳酪

Seasonal fresh fruits 185

新鮮生果

 Naturally Peninsula Cuisine is prepared with natural, nutritious plant-based ingredients, designed to support a wellness lifestyle naturally peninsula  
Prices are in Hong Kong dollars and subject to 10% service charge

### From Our Baker 烘焙精選

Selection of home-baked pastries 135

Brioche, croissants, muffins and danish pastries

Served with butter, margarine or peanut butter and jam, honey or marmalade

自選麵包或多士

牛油軟包、牛角包、鬆餅及丹麥酥

配牛油、植物牛油或花生醬及果醬、蜜糖或橘子醬

### Naturally Peninsula

 Green machine 118

綠野仙蹤

A concentration of the earth's most beneficial nutrients found from the soil, this drink provides you with flavors of savories and boldness to kickstart your day.

Cucumber, celery, spinach

青瓜、西芹、菠菜

 Rejuve 118

活力重現

This red drink improves your immunity, reduces inflammation, provides natural skin rejuvenation and all the makings of a healthy diet.

Beetroot, tomato, cucumber juice

紅菜頭、番茄、青瓜


 Zenergy 118

能量之泉

A balance of bright and dark flavors, this drink provides you with a healthy boost. Needed to recalibrate your equilibrium

Carrot, orange, ginger

甘筍、橙、薑

 美食採用天然、營養豐富的植物性食材烹製而成，專為支持您的健康生活方式而設  
價錢以港元計算及另加一服務費  
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# P O O L S I D E

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## Western Breakfast Set 西式早餐

458

Choice of Fresh Fruit Juices: Apple, Carrot, Grapefruit, Melon, Orange, Pineapple

自選蔬果汁: 蘋果、甘筍、西柚、蜜瓜、橙、菠蘿

or 或

Seasonal Fresh Fruits with mix berries

新鮮時果伴雜莓

The Peninsula's Bircher muesli made with organic silver oats

凍瑞士有機麥片

or 或

Choice of All Bran, Cornflakes, Raisin Bran or Shredded Wheat Served with Whole Milk, Non-Fat Milk or Organic Soya Milk – Hot or Cold

自選早餐麥片配熱或凍全脂、脫脂牛奶或有機豆奶

Add Fresh Berries or Sliced Bananas

另加鮮莓果或香蕉片

Two Eggs Any Style

Served with Country-Style Potatoes with Choice of:

Bacon, Honey Roasted Ham or House Chipolata (Chicken-Herbs or Pork)

鮮雞蛋兩隻，自選烹調方式

配燒薯及自選煙肉蜜味火腿、自家製香草雞肉腸或豬肉腸

Selection of Homemade Pastries

Brioche, Croissants, Muffins and Danish Pastries

Served with Butter, Margarine or Peanut Butter And Jam, Honey or Marmalade

自選麵包或多士

牛油軟包、牛角包、鬆餅及丹麥酥

配牛油、植物牛油或花生醬及果醬、蜜糖或橘子醬

Freshly Brewed Coffee, Café Au Lait, Cappuccino or Peninsula Teas

香濃咖啡、鮮奶咖啡、意式泡沫咖啡或半島精選名茶

## Chinese Breakfast Set 中式早餐

458

Dim Sum Selection

Shrimp Dumpling, Pork Dumpling and Vegetable Dumpling

精美點心: 蝦餃、豬肉燒賣及素菜餃

Congee – Chicken, Beef or Cod

Served With Condiments

雞肉、牛肉或鱈魚粥及配料

Stir-Fried Rice Vermicelli with Shredded Pork and Bean Sprouts

肉絲芽菜炒麵

Non-Sweetened Hot Soya Milk

無糖熱豆漿

The Peninsula Teas – Tie Guan Yin, Jasmine or Pu-Er

半島名茶 - 鐵觀音、香片或普洱

P O O L S I D E

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BOOSTER “SHAKE”

INDULGE IN A HEALTHY PROTEIN SHAKE MADE WITH FRESH INGREDIENTS TO KICK START YOUR DAY.

CHOCOLICIOUS 125  
PROTELICIOUS COCOA PROTEIN, OAT MILK, OATS, BLUEBERRY YOGHURT, PEANUT BUTTER, BANANA

SIGNATURE COCKTAILS BY “THE POOL”

COCOCABANA 148  
DARK RUM, PINEAPPLE JUICE, COCONUT CREAM  
SERVED IN A FRESH YOUNG COCONUT

WAIKIKI BEACH 148  
PEACH TEA INFUSED PIMM’S No.1 CUP, BLOOD ORANGE, LEMONADE

HEAVEN’S EARTH 148  
TRIED & TRUE VODKA, PASSION FRUIT PUREE, VANILLA, PROSECCO

STRAWBERRY APEROL SPRITZ 148  
APEROL INFUSED STRAWBERRY, PROSECCO  
GRAPEFRUIT SODA

SIGNATURE SOFT COCKTAILS BY “THE POOL”

WAKE ME UP 128  
LYRE’S AMERICAN MALT, ACID-ADJUSTED ORANGE JUICE, AQUAFABA

BANAQUA 128  
BANANA CORDIAL, LEMON, COCONUT WATER

BLOOD ORANGE QUENCH 128  
BLOOD ORANGE PUREE, OSMANTHUS CORDIAL, LEMON, LEMONADE

PASSION OF MANGO 128  
MANGO JUICE, PASSION FRUIT PUREE, GINGER ALE

NATURALLY PENINSULA

 ZENERGY 118  
A BALANCE OF BRIGHT AND DARK FLAVOURS, THIS DRINK PROVIDES YOU WITH A HEALTHY BOOST NEEDED TO RECALIBRATE YOUR EQUILIBRIUM.  
CARROT, ORANGE, GINGER

 GREEN MACHINE 118  
A CONCENTRATION OF THE EARTH’S MOST BENEFICIAL NUTRIENTS FOUND FROM THE SOIL, THIS DRINK PROVIDES YOU WITH FLAVOURS OF SAVOURIES AND BOLDNESS TO KICKSTART YOUR DAY.  
CUCUMBER, CELERY, SPINACH

 REJUVE 118  
THIS RED DRINK IMPROVES YOUR IMMUNITY, REDUCES INFLAMMATION, PROVIDES NATURAL SKIN REJUVENATION AND ALL THE MAKINGS OF A HEALTHY DIET.  
BEETROOT, TOMATO, CUCUMBER JUICE

BEER

TSING TAO, HEINEKEN, ASAHI, SAN MIGUEL, CORONA 108

OTHER BEVERAGES

FRESH YOUNG COCONUT 118  
ORANGE JUICE, GRAPEFRUIT JUICE, WATERMELON JUICE 108  
COCOA COLA, SPRITE, COKE ZERO 90  
THE PENINSULA’S PEACH ICED TEA 148

MINERAL WATER  
EVIAN (330ML/ 750ML) 88/ 128  
PERRIER (330ML/ 750ML) 88/ 128

COFFEES AND TEAS  
COFFEE, EXPRESSO, BREAKFAST TEA  
CAPPUCCINO, DOUBLE EXPRESSO 98  
ORGANIC HERBAL INFUSIONS 108  
MOROCCAN MINT, CHAMOMILE ORANGE BLOSSOM, 108  
VERBENA, ROOIBOS TANGERINE, SWISS HERBS

“SIP” & “SPLASH” (FREE-FLOW OFFER) Package +1HOUR

THE PENINSULA EXPERIENCE (A MAXIMUM OF TWO HOURS)  
(PENINSULA CHARDONNAY AND PINOT NOIR BY KELLER ESTATE) 598 100

CHAMPAGNE EXPERIENCE (A MAXIMUM OF TWO HOURS)  
(CHARLES HEIDSIECK, BRUT RESERVE AND ROSE) 698 110

BEER PACKAGE (A MAXIMUM OF TWO HOURS)  
HEINEKEN, ASAHI, SAN MIGUEL, CORONA (SUBJECT TO AVAILABILITY) 258 100


WINE SELECTION BY “THE POOL” GLASS BOTTLE


CHAMPAGNE  
  
NV THE PENINSULA CHAMPAGNE BY DEUTZ, CHAMPAGNE, FRANCE 298 1,400  
NV CHARLES HEIDSIECK, BRUT ROSE, CHAMPAGNE FRANCE 398 1,880

WHITE WINE  
  
2023 POUILLY-FUMÉ, LEON, SAUVIGNON BLANC, JONATHAN DIDIER PABLOT,LOIRE 188 880  
VALLEY, FRANCE  
2018 THE PENINSULA CHARDONNAY « LA CRUZ VINEYARD » BY KELLER ESTATE, 278 1,320  
SONOMA VALLEY, USA

ROSE WINE  
  
2023 BANDOL, DOMAINE D’OTT, CHÂTEAU ROMASSAN, CÔTES 198 980  
DE PROVENCE, FRANCE

RED WINE  
  
2020 THE PENINSULA BY CALON-SEGUR, SAINT-ESTEPHE, CABERNET-SAUVIGNON 288 1,350  
BLEND, BORDEAUX, FRANCE  
2018 THE PENINSULA PINOT NOIR « LA CRUZ VINEYARD » BY KELLER ESTATE, 278 1,320  
SONOMA VALLEY, USA

 Naturally Peninsula Cuisine Is Prepared with Natural, Nutritious Plant-Based Ingredients  
Designed to Support A Wellness Lifestyle  
Prices Are In Hong Kong Dollars And Subject To 10% Service Charge  
Please Advise Our Associates If You Have Any Special Dietary Requirements

 Naturally Peninsula 美食採用天然、營養豐富的植物性食材烹製而成，專為支持您的健康生活方式而設  
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SNACKS

French Fries with Truffle Dip 炸薯條伴黑松露醬	148
Crispy Crab Meat Spring Roll with Sesame and Mango-Mayo 香脆芝麻蟹肉春卷配芒果蛋黃醬	198
Assorted Sushi and MAKI Rolls, Condiments 壽司拼盤	228
Spicy Tandoori Chicken Popcorn 炸脆雞粒配天多利醬汁	148

SALADS AND SOUP 沙律及湯



Hearty Lentil Soup with Fresh Herbs 蘭度豆湯配新鮮香草	220
Shoyu Ramen with Pork, Vegetables and Fresh Herbs 醬油湯拉麵配日式叉燒、蔬菜及香菜	285



Quinoa and Guacamole Salad with Fruit Tomato Dressing 藜麥牛油果醬沙律配鮮茄汁	220
Mozzarella and Tomato Salad with Basil 牛乳芝士及番茄沙律配紫蘇	295
Caesar Salad - Romaine Lettuce, Bacon, Quail Egg, Parmesan Chips, White Anchovies 凱撒沙律、羅馬生菜、煙肉、鵝鶉蛋、巴馬臣芝士脆片、鯷魚	285
SUPPLEMENT Grilled Prawns 烤鮮蝦	115
SUPPLEMENT Grilled Chicken Breast or Parma Ham 烤雞胸或巴拿馬火腿	115

RICE AND GRAINS 飯及穀物

Fried Rice with Asparagus, Eggs and Shrimps 蘆筍、蛋及蝦炒飯	238
Wonton Noodle Soup, Choy Sum, Black Mushroom 雲吞湯麵、菜芯、冬菇	280
Korean-Style Stir-Fried Glass Noodles, Beef, Vegetables 韓式牛肉蔬菜炒粉絲	280
Spaghetti or Fusilli Served in The Following Styles: 意大利粉或螺絲粉配以下烹調方式	
Bolognese, Carbonara 傳統牛肉醬汁、煙肉蛋黃忌廉汁	350
Kamut Khorasan Rigatoni, Aglio, Olio, Peperoncino or Pomodoro 蒜片、辣椒乾及欖油或鮮茄紫蘇欖油汁炒卡姆高拉山小麥長通粉	350
Whole-Wheat and Gluten-Free Pasta are Available 可提供全麥及無麩質麵食	

SANDWICHES AND BURGER 三文治及漢堡包

Served with either French Fries, Waffle Potato Fries, Sweet Potato Fries, Vegetables Chips or A Small Green Salad 自選薯條、薯格、蕃薯條、蔬菜脆片或輕盈青菜沙律	
Assorted Finger Sandwiches and Coleslaw 什錦迷你三文治及酸椰菜絲沙律	280
Club Sandwich Bacon, Bone Ham, Gruyère, Onion Relish, Boiled Egg, Toasted White Bread 公司三文治 煙肉、火腿、瑞士芝士、醃洋蔥、雞蛋、烘白麵包	395
Signature Beef Burger, 220 Grams Australian HEREFORD Beef with Cheddar, Tomato Mayonnaise, Sliced Gherkin, Avocado, Tomato 烤 220 克澳洲海福特牛肉漢堡、車打芝士、番茄蛋黃醬、酸瓜片、牛油果片、番茄片	395
Ciabatta with Grilled Vegetables, Tomato, Basil and Mozzarella 意大利軟麵包配扒蔬菜、番茄、紫蘇及牛乳芝士	285

MAIN COURSES 主菜



Spelt Risotto with Red Beetroot, Roasted Cauliflower and Crispy Kale 斯佩爾特小麥飯配紅菜頭、燒椰菜花及香脆羽衣甘藍	270
Curry Delights 咖喱菜餚:	
Chicken Bell Pepper Masala – Medium 馬沙拉雞肉甜椒咖喱	395
(Above Curry is Served with Saffron Basmati Rice, Papadum and Condiments) (以上咖喱菜餚均配以紅花印度香飯、印式脆薄餅及配料)	
Vegetable Tarkan Curry, Red Rice, Coconut-Cucumber Yogurt 素菜咖喱、紅米飯、青瓜椰子乳酪	280
Fish and Chips Toothfish, French Fries, Tartar Sauce and Malt Vinegar 炸魚薯條 (牙魚、炸薯條、他他汁及麥芽醋)	438
Slow Cooked Salmon, Leek Fondue with Lemon Butter Sauce, Salmon Roe and Dill Beurre Blanc 低溫慢煮三文魚柳配三文魚子伴檸檬牛油汁	488
Choice of Grilled American Sirloin or Tenderloin or Roasted Challans Served with French Beans, Mash Potato and Pommery Mustard Sauce 自選扒美國西冷牛扒或牛柳或燒法國鴨胸 配法邊豆及薯蓉伴芥末籽汁	588

DESSERTS 甜品

Two Scoops of Ice Cream or Sorbet of Your Choice 自選各式雪糕或雪葩兩球	140
Chocolate Mousse with Cocoa Crunch and Whipped Cream 朱古力慕絲配可可脆脆及鮮忌廉	210
Lemon Mille-Feuille, Pineapple Compote, Basil Coulis 檸檬拿破崙、蜜餞菠蘿、羅勒果醬	210
Citrus Segments, Lemon Sorbet, Orange Marmalade 柑橘果肉、檸檬雪葩、香橙果醬	210
Tropical Fruit and Berries Salad, Soya Pudding 熱帶水果及雜莓沙律、大豆布甸	190



NATURALLY PENINSULA CUISINE IS PREPARED WITH NATURAL, NUTRITIOUS INGREDIENTS  
DESIGNED TO SUPPORT A WELLNESS LIFESTYLE  
PRICES ARE IN HONG KONG DOLLARS AND SUBJECT TO 10% SERVICE CHARGE  
PLEASE ADVISE OUR ASSOCIATES IF YOU HAVE ANY SPECIAL DIETARY REQUIREMENTS



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