



BREAKFAST FAVORITES

Baked Egg White Frittata
kale, roasted butternut squash, gruyere,
fine herbs

Breakfast Flatbread
bacon, scramble egg, tomato,
mozzarella, arugula

Quinoa Porridge
young kale, ginger

Peninsula Huevos Ranchero
sunny side up, flour tortillas, beans,
chorizo, avocado, salsa

Eggs Benedict
flying pig farm ham or smoked salmon
on whole wheat muffins

Steak and Egg
Fossil farm medallions of Beef Tenderloin
sunny side up eggs, hash browns

Smoked Salmon Bagel
sliced tomato, red onion, cream cheese
and toasted New York bagel

Two Farm Eggs
with grilled ham, country sausages,
Apple Wood smoked bacon, turkey bacon
or chicken sausage

Three Farm Egg Omelet
Ham, peppers, onion, cheese, tomato,
wild mushrooms or fine herbs

FRESH FRUIT

Organic Mixed Berries

Fruit salad
with berries and mango coulis

Sliced fruit plate
with cottage cheese or yogurt

CEREALS AND GRAINS

McCann's steel cut Irish oatmeal
with berries or banana

Choice of cereals
with organic fresh berries

**Hammond farms Yogurt
and homemade granola**
with berries or banana

Bircher muesli
with organic berries

FROM THE GRIDDLE

Pancakes
Buttermilk, banana-pecan or blueberry
Vermont maple syrup

Cornflake crusted brioche French toast
nutella, lemon mascarpone

Malted Belgian waffles
with organic berries

SIDES

Choice from local Farms;

Grilled ham

Italian sweet sausages

Country sausages

Chicken sausage

Applewood-smoked bacon

Turkey bacon

Clement

FIFTH AVENUE BREAKFAST

Our Continental Breakfast served with
choice of:

Two farm fresh eggs
with Jansel Valley grilled ham,
chicken sausage, country sausages,
Apple Wood smoked bacon or turkey
bacon

or

Omelet of your choice
with ham, peppers, onion, cheese,
tomato, wild mushrooms or fine herbs

or

Baked Egg White Frittata
kale, roasted butternut squash,
gruyere, fine herbs

CONTINENTAL BREAKFAST

Freshly squeezed fruit juice
Basket of assorted pastries,
muffins and country bread
Freshly Brewed Coffee, Tea
or Hot Chocolate

JAPANESE BREAKFAST

Traditional style
with pickled vegetables,
miso soup with tofu, steamed rice,
grilled salmon, Benisake omelet
and green tea

SPA "FITNESS" BREAKFAST

Freshly squeezed fruit juice,
freshly brewed coffee, tea,
or hot chocolate

Bran muffins with apple butter and
breakfast cheese with a choice of:

Quinoa Porridge, young kale, ginger

or

Sliced seasonal fruit platter
with low fat cottage cheese

or

Egg beater omelet with low fat cheese,
peppers, onion, tomato,
wild mushrooms, fine herbs

CHINESE BREAKFAST

Tea egg, steamed pork bun,
steamed shrimp dumpling,
lobster and scallops congee,
dried pork floss
and preserved vegetables,
stir-fried egg noodles with chicken,
non-sweet hot soy milk, choice of tea

VEGETARIAN CHINESE BREAKFAST

Tea egg, steamed vegetable dumplings,
vegetable spring roll,
congee with scallion,
stir-fried egg noodle,
preserved vegetables
non-sweet hot soy milk, choice of tea

