

THE CULINARY  
EXPERIENCE



TEMPURA AND SUSHI COOKING CLASS

Chef Teruyuki Kojima introduces the fascinating world of Japanese cuisine, with its emphasis on balance and harmony in flavor, colors and textures. Participants will learn to prepare perfect tempura and two styles of sushi, nigiri and maki, followed by a Japanese lunch.

The program is from 9:00 am to 11:00 am, followed by lunch, and is available for four to six persons. Each participant will receive a Peninsula Academy apron. Kindly advise of any special dietary restrictions or requests when making a reservation.

*2 hours, JPY 25,000 per person*

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EUROPEAN-INSPIRED COOKING CLASS  
WITH PETER'S CHEF DE CUISINE  
PATRICE MARTINEAU

Covering Peter's lunch menu, Chef Patrice Martineau provides a hands-on master cooking class, after which participants will enjoy a delectable four-course meal at the restaurant.

The program is from 9:00 am to 11:00 am, followed by lunch, and is available for four to six persons. Each participant will receive a Peninsula Academy apron. Kindly advise of any special dietary restrictions or requests when making a reservation.

*2 hours, JPY 25,000 per person*

DIM SUM COOKING CLASS

The Hei Fung Terrace's chef will provide a glimpse into the complex world of Dim Sum preparation, creating the basic dough, preparation of savory fillings, and forming different shapes for such treats as Shrimp or Chive Dumplings, each one an individual work of art.

The program is from 9:00 am to 11:00 am, followed by lunch, and is available for four to six persons. Each participant will receive a Peninsula Academy apron. Kindly advise of any special dietary restrictions or requests when making a reservation.

*2 hours, JPY 13,800 per person*



THE PENINSULA  
KIDS' ACADEMY

NOJIMA'S CHOCOLATE FACTORY

Executive Pastry Chef Nojima and his team provide children with a hands-on, behind-the-scenes introduction to the hotel's celebrated history of chocolate making at The Peninsula Chocolatier. Children will make their own chocolate creations in this fun-filled program.

The program is from 10:00 am to 11:00 am, and is available for two to four children aged four to 12 years old.

*1 hour, JPY 12,000 per child*



TOYSHOP WONDERLAND

The hotel's Toy Concierge will take children on a short trip to Ginza's Hakuinkan Toy Park, where they will learn about the hottest items and latest gadgets, and be assisted in any purchases they may wish to make.

The program is 90 minutes, and is available for two to four children over the age of four. A complimentary Peninsula Tokyo teddy bear and beverage will be provided.

*1.5 hours, JPY 19,500 per child*

\* The price does not include purchase of toys.

RESERVATIONS AND INFORMATION

For reservations or further information, please contact the Concierge on extension 6518 or e-mail [academyptk@peninsula.com](mailto:academyptk@peninsula.com).

The Peninsula Academy Programs are available for hotel guests only, with the exception of The Peninsula Academy cooking classes and The Imperial Palace Jogging Course Program. Reservations must be made at least 48 hours in advance. Advance reservations of five days for the Contemporary Ikebana Flower Arranging Class, ten days for The Imperial Palace Tour, and seven days for The Art of Hospitality Program are required. Reservations are subject to availability. Cancellations must be made at least 24 hours in advance (at least 72 hours in advance for the Contemporary Ikebana Flower Arranging Class), or we regret that the full charge will apply. Prices are in Japanese Yen and are subject to change without prior notice.

Prices include consumption tax and are subject to a 10% service charge.

THE PENINSULA  
T O K Y O

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THE PENINSULA  
ACADEMY  
T O K Y O



THE CULTURAL  
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THE IMPERIAL PALACE TOUR

Conducted by the Imperial Household Agency, participants take a weekday public morning tour of the Imperial Palace grounds on the former site of an Edo castle that used to be occupied by the Tokugawa Shogunate. Chauffeured in The Peninsula's customized Rolls-Royce or BMW, and accompanied by a hotel escort, participants arrive at the Kikyo-mon Gate for the two-kilometer, 75-minute official excursion that introduces centuries-old stone castle keeps and various ceremonial halls used by the Imperial Family today. Participants learn about some of the history behind the Imperial Palace, its gardens and the modern-revivalist buildings used today by the Imperial Family for state visits and other ceremonies. Afterwards return to the hotel to enjoy a lunch of refined Japanese cuisine at Kyoto Tsuruya.

For reservations, please contact the Concierge at least ten days in advance. The program is available on weekdays only, for a maximum of two persons, from 10:00 am to 1:00 pm. Comfortable walking shoes are recommended.

*3 hours, JPY 24,000 per person*

\* Please note that the public tour does not include viewings of building interiors.

\* Kindly note that children under 18 years of age must be accompanied by an adult on The Imperial Tour, and children under 12 years of age are not permitted at Kyoto Tsuruya.

\* The price is for transportation and lunch only. The hotel escort is complimentary with this program only, and there is no charge for the tour, as it is open to the public.

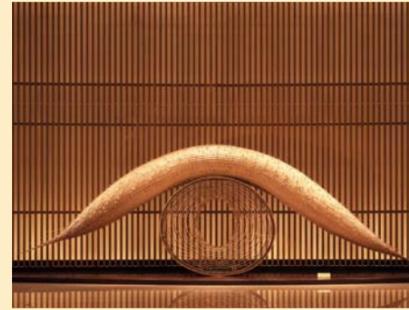
CONTEMPORARY IKEBANA  
FLOWER ARRANGING CLASS

Together with The Peninsula florist, try your hand at the disciplined art of Japanese flower arrangement known as ikebana. Participants will learn about creating shape, line and form, and each will receive a pair of wide-grip scissors, a basic tool of this ancient aesthetic pursuit.

For reservations, please contact the Concierge at least five days in advance. The program is available on weekdays only, for two to six persons, from 11:00 am to 12:30 pm.

*1.5 hours, JPY 20,000 per person*

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THE ART OF HOSPITALITY PROGRAM

A Rolls-Royce customized for The Peninsula's guests will take participants a short distance from the hotel to the Kyu Asakura House and the Art Front Gallery, where they will be greeted by an English-speaking tour guide. This unique tour of two of Tokyo's best kept art secrets is exclusively available to guests staying at The Peninsula Tokyo.

Participants will be offered a personalized tour of the Kyu Asakura House, a historic structure built in 1919 and reminiscent of the Taisho era. This cultural landmark is recognized by the Ministry of Education, Science and Culture. Participants will feel as if they have stepped back in time in the heart of Tokyo while viewing the traditional Japanese architecture, interior design and gardens. Upon completing the tour, participants will enjoy an exclusive viewing of the Japanese contemporary art collection at the Art Front Gallery, where they are welcome to make purchases.

Located next to the Kyu Asakura House, the Art Front Gallery is one of Tokyo's leading art consultancies and is credited for assembling The Peninsula Tokyo's art collection. This collection contains about 1,000 pieces created by more than 85 artists, mostly Japanese. More can be learned about The Peninsula's art collection in the hotel's 38-page design and art collection brochure, which is provided to each participant or through the The Peninsula Art Walk, a 45-minute virtual walking tour offered on iPods. Both English and Japanese versions of this complimentary tour are available at the hotel's Concierge Desk.

The Art of Hospitality Program is available daily, excluding Mondays, from 9:30 am to 12:00 pm or from 2:30 pm to 5:00 pm, for a maximum of two people. The program is 2.5 hours and requires a seven-day advance reservation.

*2.5 hours, JPY 28,888 for one person*

*2.5 hours, JPY 38,888 for two people*

THE LIFESTYLE  
EXPERIENCE

CHAMPAGNE BREAKFAST AT ARMANI  
GINZA TOWER

For the ultimate in pampering, enjoy a Champagne breakfast at the flagship Armani / Ginza Tower, showcasing the entire Armani world. A personal shopper will be on hand to present items from the season's current collections, as well as accessories sold only at the Ginza location.

The program is available for two to four persons, and is from 8:00 am to 10:00 am.

*2 hours, JPY 48,000 per person*

THE IMPERIAL PALACE  
JOGGING COURSE PROGRAM

Conducted by a The Peninsula Tokyo personal trainer, participants begin with a 10-minute warm up and stretching session at the starting point of the Imperial Palace jogging course prior to setting out on a 5 km / 3.1 m jog around one of Tokyo's most historical sites. Upon completing the course, participants return to the hotel's swimming pool area accompanied by the personal trainer for a private 30-minute cool down and stretching session. Guests may then choose to use the 20 m / 65.6 ft swimming pool with terrace overlooking the Imperial Palace Gardens before enjoying a *Naturally Peninsula* Post-Workout Runners Lunch Plate at The Spa dining area or in the privacy of their guestroom.

The program is available daily from 7:30 am to 3:00 pm for a maximum of two people, per session, aged 16 or older. Kindly advise of any special dietary restrictions or requests when making a reservation. In the case of rain on the program day, the participant may choose to cancel without penalty or substitute the program with a private workout at the hotel's Fitness Center with a personal trainer.

*JPY 20,000 per person*

\* The price does not include jogging gear.



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A CULINARY JOURNEY

In one memorable evening, sample the many extraordinary culinary experiences that await you at The Peninsula Tokyo. Enjoy an appetizer and live music at The Lobby, where the world and Tokyo meet, followed by a traditional Cantonese seafood course at Hei Fung Terrace, and a main course of international fare at Peter, located on the 24th floor. The evening ends sweetly, with dessert, and coffee or tea at Peter or Peter: The Bar.

The program is available for two to ten persons over the age of 12, and a pre-set menu will be served. Kindly advise of any special dietary restrictions or requests when making a reservation.

*JPY 19,200 per person excluding beverages*

*JPY 28,000 per person including wine*

