

THE PENINSULA

HONG KONG

25 June 2009

THE PENINSULA SPA BY ESPA FOR THE MOST RELAXING LUNCH

The Peninsula Spa by ESPA's **MIDDAY ESCAPE** is aimed at busy professionals wishing for a break from their regular lunchtime workout or for an alternative to yet another lunch meeting. The perfect lunchtime getaway, the Midday Escape includes time in The Peninsula Spa's thermal suite, a 50-minute treatment and a three-course "*Naturally Peninsula*" light and healthy lunch served poolside – all for just \$990. And because The Peninsula Spa knows that time is precious, the Midday Escape has been designed to be completed within two hours.

Guests selecting the Midday Escape begin their spa journey by choosing from three different set lunch menus, all featuring "*Naturally Peninsula*" light and healthy cuisine. They are then welcome to spend 15 to 30 minutes enjoying The Spa's thermal suite, which consists of domed hammam-style crystal steam rooms, snail-shaped aromatherapy "experience showers", harbour-view saunas and infra-red white marble ice fountains. A 50-minute treatment follows, with guests selecting one of four different facials or a Swedish or deep tissue massage. After their treatment, guests are escorted to the peaceful surroundings of The Peninsula's Roman-style swimming pool on the 8th floor to enjoy their three-course lunch.

The perfect stress reliever in the middle of an otherwise stressful work day, the Midday Escape is available from Monday to Friday from 11:00 am to 1:00 pm. As with all other programmes at The Peninsula Spa, guests may purchase 10 treatments and receive the 11th treatment with The Spa's compliments.

As part of The Peninsula Hong Kong's three-floor health and fitness facility, the 12,000-square-foot (1,116-square-metre) Spa occupies two floors, offering sweeping views of Victoria Harbour and 14 state-of-the-art treatment rooms, creating an oasis of calm in the city for guests to renew themselves in mind, body and spirit.

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The Peninsula Hotels has combined with leading international spa consultancy ESPA, headed by renowned spa authority Susan Harmsworth, to develop the ultimate in spa concepts. ESPA has created exclusive treatments and products tailored for Peninsula guests, and ESPA-branded products will be the sole product line carried in The Peninsula Spa. The treatments draw upon Eastern and Western wellness and relaxation philosophies, emphasising a back-to-basics approach with authentic treatments delivered by highly trained therapists.

For reservations and further details, please call (852) 2315 3322, fax: (852) 2722 4170 or e-mail: spahk@peninsula.com

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Incorporated in 1866 and listed on the Hong Kong Stock Exchange (00045), HSH is a holding company whose subsidiaries and its jointly controlled entity are engaged in the ownership and management of prestigious hotel, commercial and residential properties in key destinations in Asia and the USA. The hotel portfolio of the Group comprises The Peninsula Hong Kong, The Peninsula New York, The Peninsula Chicago, The Peninsula Beverly Hills, The Peninsula Tokyo, The Peninsula Bangkok, The Peninsula Beijing, The Peninsula Manila, The Peninsula Shanghai (opening in late 2009) and Quail Lodge Resort and Golf Club in Carmel, California. The property portfolio of the Group includes The Repulse Bay Complex, The Peak Tower and The Peak Tramways, St. John's Building, The Landmark in Ho Chi Minh City, Vietnam and the Thai Country Club in Bangkok, Thailand.

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