

9 July 2009

DETOX AND REVITALISE

AT THE PENINSULA

The Peninsula Spa by ESPA – already a luxurious city retreat – now offers a new three-day detoxification programme, “Detox and Revitalise”, for a brand new you from the inside out. The package is for two persons, and includes consultations from health and fitness experts, together with daily intensive spa treatments and detoxifying menus. This rewarding experience is enriched by Rolls-Royce transfers and a stay in a Deluxe Suite.

Guests begin their programme by meeting with The Peninsula’s Guest Nutrition Advisor, Ms Gabrielle Tuscher, who will assist in determining long-term goals and will provide personalised dietary advice for each guest. The detoxifying journey also includes daily one-hour fitness consultations and personal training sessions at The Fitness Centre.

Spa treatments include Detoxifying Full Body Exfoliations and invigorating body brushings using the ESPA Aromatherapy Salt and Oil scrub, to improve circulation, eliminate toxins, brighten skin and sweep away impurities. Using aromatic oils, Detoxifying Body Massages focus on areas prone to stress and tension, while Full Body Wraps with Warm Marine Algae drain away toxins and deeply nourish all skin types.

In addition, guests experience an Anti-cellulite Hip and Thigh treatment during their stay, a specialised therapy to stimulate circulation and the lymphatic systems, concentrating on areas which are prone to cellulite, fluid retention and uneven skin texture.

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The experience is also complemented by exclusive poolside lunches featuring *Naturally Peninsula* light and healthy detoxifying menus, plus the use of the hotel's Roman-style swimming pool.

The package includes:

Round trip Rolls-Royce transfers

Two nights accommodation in a Deluxe Suite

Daily Traditional Peninsula Breakfast for two persons

Use of The Peninsula Spa by ESPA facilities, including Thermal Suites with harbour view Saunas and Crystal Steam Rooms, Relaxation Areas and the Asian Tea Lounge

Use of the hotel's Roman-style swimming pool

Day 1:

Meeting with The Peninsula's Guest Nutrition Advisor, Ms Gabrielle Tuscher (1 hour)

Fitness consultation and personal training session at The Fitness Centre (1 hour)

Detoxifying Full Body Exfoliation (25 minutes)

Detoxifying Body Massage (1 hour 20 minutes)

Full Body Wrap with Warm Marine Algae (25 minutes)

Poolside lunch featuring a *Naturally Peninsula* light and healthy detoxifying menu

Day 2:

Fitness consultation and personal training session at The Fitness Centre (1 hour)

Detoxifying Body Massage (1 hour 20 minutes)

Full Body Wrap with Warm Marine Algae (25 minutes)

Anti-cellulite Hip and Thigh Treatment (50 minutes)

Poolside lunch featuring a *Naturally Peninsula* light and healthy detoxifying menu

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Day 3:

Fitness consultation and personal training session at The Fitness Centre (1 hour)

Detoxifying Full Body Exfoliation (25 minutes)

Detoxifying Body Massage (1 hour 20 minutes)

Full Body Wrap with Warm Marine Algae (25 minutes)

Poolside lunch featuring a *Naturally Peninsula* light and healthy detoxifying menu

“Detox and Revitalise” is priced at HK\$ 29,000 (subject to 10% service charge) per suite. All meals, Spa treatments and other activities indicated above are for two persons. Reservations are subject to availability.

To reserve this package, please visit www.peninsula.com or contact The Peninsula Global Customer Service Centre at telephone: (852) 2926 2888, email: reservationphk@peninsula.com.

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Incorporated in 1866 and listed on the Hong Kong Stock Exchange (00045), HSH is a holding company whose subsidiaries and its jointly controlled entity are engaged in the ownership and management of prestigious hotel, commercial and residential properties in key destinations in Asia and the USA. The hotel portfolio of the Group comprises The Peninsula Hong Kong, The Peninsula New York, The Peninsula Chicago, The Peninsula Beverly Hills, The Peninsula Tokyo, The Peninsula Bangkok, The Peninsula Beijing, The Peninsula Manila, The Peninsula Shanghai (opening in late 2009) and Quail Lodge Resort and Golf Club in Carmel, California. The property portfolio of the Group includes The Repulse Bay Complex, The Peak Tower and The Peak Tramways, St. John’s Building, The Landmark in Ho Chi Minh City, Vietnam and the Thai Country Club in Bangkok, Thailand.

For further information, please contact:

Ms Stella Suen

Director of Public Relations

The Peninsula Hong Kong

Salisbury Road, Tsimshatsui, Kowloon, Hong Kong

Telephone : (852) 2315 3010

Fax : (852) 2722 4170, 2315 3124

E-mail : stellasuen@peninsula.com

Website : www.peninsula.com

Digital Photo Library : www.leonardo.com/peninsula

Broadcast Video Library : www.thenewsmarket.com/thepeninsulahotels