

THE PENINSULA  
HONG KONG

12 April 2010

**BODY AND SOLE REJUVENATOR SPA JOURNEY  
AT THE PENINSULA SPA BY ESPA**

Be uplifted, renewed and rejuvenated by the *Simply Peninsula* Body and Sole Rejuvenator Spa Journey, available at the special price of HK\$ 1,500 per person.

Guests begin the spa experience with a deeply relaxing full-body Aromatherapy massage using *Simply Peninsula* aromatic oils to improve circulation, and ease stress and tension. Next, is the *Simply Peninsula* Foot Treatment to rejuvenate the skin, and relieve tired and aching feet. Feet are bathed and exfoliated using stimulating marine salts, and a cooling algae foot mask concludes the experience to aid in the elimination of toxins.

Guests are encouraged to arrive at The Spa 60 minutes prior to the treatment time in order to make use of all The Spa facilities, including the Asian Tea Lounge, the Thermal Suite with Crystal Steam Room, Sauna with harbour views and the Relaxation Areas. The Roman-style swimming pool is also available for guests to enjoy.

The “Body and Sole Rejuvenator Spa Journey” is available every weekday (except public holidays) from now to 31 August 2010 and includes:

- *Simply Peninsula* Aromatherapy Body Massage (60 minutes) with a choice of Refreshing or Relaxing *Simply Peninsula* Body Oil
- *Simply Peninsula* Foot Treatment with a cooling algae foot mask (50 minutes)
- A complimentary *Simply Peninsula* product
- Use of The Peninsula Spa facilities, including Thermal Suites with harbour view Sauna and Crystal Steam Room, Relaxation Areas, Asian Tea Lounge and the hotel’s Roman-style swimming pool

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## **BODY AND SOLE REJUVENATOR SPA JOURNEY**

### **AT THE PENINSULA SPA BY ESPA – 2**

As part of The Peninsula Hong Kong's three-floor health and fitness facility, the 12,000 sq ft (1,116 sq m) Spa occupies two floors, offering sweeping views of Victoria Harbour and 14 state-of-the-art treatment rooms, creating an oasis of calm in the city for guests to renew themselves in mind, body and spirit.

The Peninsula Hotels has combined with leading international spa consultancy ESPA, headed by renowned spa authority Susan Harmsworth, to develop the ultimate in spa concepts. ESPA has created exclusive treatments and products tailored for Peninsula guests, and ESPA-branded products are the sole product line carried in The Peninsula Spa. The treatments draw upon Eastern and Western wellness and relaxation philosophies, emphasising a back-to-basics approach with authentic treatments delivered by highly trained therapists.

The *Simply Peninsula* products, launched in 2009, were under development for over two years. With the formulation and approval process taking 18 months, a total of 23 essential oil blends were formulated and tested for the range during this process. The blend development was split into two distinct ranges – Refreshing and Relaxing – comprising eight products in each collection, and on average, each Simply Peninsula product was reformulated at least five times and extensively tested before being evaluated and approved personally by Harmsworth.

Drawing on Asian traditions which are key to The Peninsula experience all around the world, the two elements of the range focus on the need to be relaxed and rejuvenated or to be revitalised and restored. The Refreshing line of products blends essential oils of lemongrass, rosemary and wild mint, which are traditionally known to uplift the spirit, restore energy levels and clear the mind, while the Relaxing line blends the purest essential oils of ylang ylang, patchouli and cloves, known to help calm and soothe the mind and promote inner peace.

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## **BODY AND SOLE REJUVENATOR SPA JOURNEY**

### **AT THE PENINSULA SPA BY ESPA – 3**

Made in England in accordance with strict European regulations to ensure minimum wastage and use of materials, the highly natural formulae contain only the purest essential oils and botanical extracts, and are free of parabens-, SLES, artificial colours- and fragrances. The packaging is 99% recyclable.

For reservations and more details, please contact The Peninsula Spa by ESPA on 2315 3322, fax: 2722 4170 or e-mail: [spaphk@peninsula.com](mailto:spaphk@peninsula.com).

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### **About The Hongkong and Shanghai Hotels, Limited (HSH)**

Incorporated in 1866 and listed on the Hong Kong Stock Exchange (00045), HSH is a holding company whose subsidiaries, associates and jointly controlled entity are engaged in the ownership and management of prestigious hotel, commercial and residential properties in key destinations in Asia, the USA and Europe, as well as the provision of transport, club management and services. The hotel portfolio of the Group comprises the Peninsula Hotels in Hong Kong, Shanghai, Beijing, New York, Chicago, Beverly Hills, Tokyo, Bangkok, Manila and Paris (opening in 2012). The property portfolio of the Group includes The Repulse Bay Complex, The Peak Tower and The Peak Tramways, St. John's Building, The Landmark in Ho Chi Minh City, Vietnam and the Thai Country Club in Bangkok, Thailand.

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