

25 March 2010

**ENRICHING YOUR LIFE
AT THE PENINSULA SPA BY ESPA**

Retreat from the hustle and bustle of the city, and rediscover the inner natural balance through relaxation and calming of the mind and body. The Peninsula Spa by ESPA's *Enriching Your Life* spa journeys offer guests bespoke treatments most suited to their needs, so guests need only decide on the length of the treatment for a personalised experience.

Guests begin their journey with a consultation by one of The Peninsula Spa by ESPA's highly skilled therapists, who will design a tailor-made treatment for each guest to suit individual needs. The experience is also complemented by an exclusive poolside lunch featuring *Naturally Peninsula* light and healthy cuisine, plus use of the hotel's Roman-style swimming pool.

Guests are encouraged to arrive at The Spa 60 minutes prior to their treatment time in order to make use of all The Spa facilities, including The Asian Tea Lounge, Thermal Suite with Crystal Steam Room, Sauna with harbour views and Relaxation Areas.

The *Enriching Your Life* package is available Monday to Friday (except public holidays) throughout 2010 and includes:

- 1 hr 50 mins bespoke treatment for HK\$ 1,600 OR
- 2 hrs 50 mins bespoke treatment for HK\$ 3,000 OR
- 3 hrs 50 mins bespoke treatment for HK\$ 4,000
- Poolside lunch featuring *Naturally Peninsula* light and healthy cuisine
- Use of The Peninsula Spa facilities, including the Thermal Suites with harbour view Sauna and Crystal Steam Room, the Relaxation Areas, the Asian Tea Lounge and the hotel's Roman-style swimming pool

- more -

THE PENINSULA

HONG KONG

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As part of The Peninsula Hong Kong's three-floor health and fitness facility, the 12,000 sq ft (1,116 sq m) Spa occupies two floors, offering sweeping views of Victoria Harbour and 14 state-of-the-art treatment rooms, creating an oasis of calm in the city for guests to renew themselves in mind, body and spirit.

The Peninsula Hotels has combined with leading international spa consultancy ESPA, headed by renowned spa authority Susan Harmsworth, to develop the ultimate in spa concepts. ESPA has created exclusive treatments and products tailored for Peninsula guests, and ESPA-branded products are the sole product line carried in The Peninsula Spa. The treatments draw on both Eastern and Western wellness and relaxation philosophies, emphasising a back-to-basics approach with authentic treatments delivered by highly trained therapists.

For reservations and further details, please call (852) 2315 3322, fax (852) 2722 4170 or e-mail spaphk@peninsula.com.

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About The Hongkong and Shanghai Hotels, Limited (HSH)

Incorporated in 1866 and listed on the Hong Kong Stock Exchange (00045), HSH is a holding company whose subsidiaries, associates and jointly controlled entity are engaged in the ownership and management of prestigious hotel, commercial and residential properties in key destinations in Asia, the USA and Europe. The hotel portfolio of the Group comprises The Peninsula Hong Kong, The Peninsula Shanghai, The Peninsula Beijing, The Peninsula New York, The Peninsula Chicago, The Peninsula Beverly Hills, The Peninsula Tokyo, The Peninsula Bangkok, The Peninsula Manila and The Peninsula Paris (opening in 2012). The property portfolio of the Group includes The Repulse Bay Complex, The Peak Tower and The Peak Tramways, St. John's Building, The Landmark in Ho Chi Minh City, Vietnam and the Thai Country Club in Bangkok, Thailand.

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