

# **THE PENINSULA**

HONG KONG

**30 May 2008**

**BRIDAL PROGRAMMES AT  
THE PENINSULA SPA BY ESPA  
Make Brides' Wishes Come True  
– Plus “Spa-ty,” Peninsula-Style!**

When it comes to The Big Day, all brides want to look and feel their best, and so with this in mind, The Peninsula Spa by ESPA has created several treatment packages starting from just HK\$ 3,400.

Ranging from one to six months in duration, the various options can cater to even the busiest of brides – and of course, grooms and attendants are not forgotten! And because weddings are magical events, The Peninsula Spa is also granting “special wishes” by teaming up with Ms. Gabrielle K. Tüscher, The Peninsula’s very own Guest Nutrition Advisor, and Suavé Salon for hair, make-up and beauty treatments.

For pre-wedding celebrations, The Peninsula Spa is launching the “Spa-ty,” perfect for hen nights or other festivities, when groups can use the entire 12,000-square-foot facility for their own private celebrations.

Ms. Tüscher, a U.S.-accredited Registered Dietician, has been working with The Peninsula’s guests since May 2006 in her role as Guest Nutrition Advisor. In personalised nutrition consultations and wellness coaching sessions, she provides expert advice on stress and lifestyle management, a comprehensive nutritional assessment, plus strategies for meal and recipe planning, both before the wedding and afterwards.

Meanwhile, Suavé Salon is Hong Kong's premier name for hair and nail services. Conveniently located adjacent to The Peninsula Spa, Suavé Salon is the perfect venue for all the beauty needs of a bride, groom and attendants.

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“We know ladies spend months planning their weddings, and it can be a very stressful time. What we want to accomplish at The Peninsula Spa is to assist brides to look their best, but also to establish a sense of calm and peace to counteract this stress. Ultimately, our goal is to reduce tension and worry, allowing the couple to put their best feet forward as they take their first steps on their new journey. Our hope is that when a couple reflects on their big day, they will only remember the joy and happiness,” says Sharon Codner, Spa Director.

Couples purchasing one of the bridal spa packages and also selecting The Peninsula Hong Kong as the venue for their wedding will enjoy a complimentary upgrade to the Private Spa for One or Private Spa for Two for their treatments. Equipped with an individual steam room, a single or double bath and spectacular harbour views, the rooms are ideal for deep relaxation and calming before any treatment.

## **IT'S A “SPA-TY”**

The Peninsula Spa features The “Spa-ty”, for anyone wishing to use the entire spa for a private event. Whether it is a hen night, birthday celebration or graduation party, The Peninsula Spa offers an afternoon or evening of pure relaxation, rejuvenation and wellness.

Guests can hire the spa for three hours (including one hour of heat experiences and two hours of treatment time) for a minimum charge of HK\$ 30,000 from Mondays to Fridays or HK\$ 45,000 on Saturdays and Sundays.

After their treatments, guests can also enjoy one complimentary bottle of Peninsula Champagne per five persons, served in The Lobby. To continue the celebrations, The Lobby also create a special three-course *Naturally Peninsula* light and healthy menu for HK\$ 350 plus 10% service charge per person (not available on 24<sup>th</sup> and 31<sup>st</sup> December 2008).

The “Spa-ty” is for a minimum of 10 and a maximum of 15 persons.

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## **THE PENINSULA SPA BY ESPA'S BRIDAL PROGRAMMES WEDDING BELLES**

The "Wedding Belles" six-month programme includes:

- Six 50-minute facials of your choice from the treatment menu
- Six 30-minute Salt and Oil Full-Body Exfoliations
- Six 50-minute Anti-Cellulite Hip and Thigh treatments or massages of your choice from the treatment menu
- Plus brides can select one wish:
  - Four one-hour one-on-one sessions for the bride or groom with Gabrielle Tüscher, The Peninsula's Guest Nutrition Advisor
  - One pre-wedding trial make-up session and two make-up applications on the wedding day by Suavé
  - One pre-wedding trial hair session and two hair styles on the wedding day by Suavé

The "Wedding Belles" six-month programme is HK\$ 15,000.

## **BLUSHING BRIDE**

The "Blushing Bride" three-month package includes:

- Three 50-minute facials of your choice from the treatment menu
- Three 30-minute Salt and Oil Full-Body Exfoliations
- Three 50-minute Anti-Cellulite Hip and Thigh treatments or massages of your choice from the treatment menu
- Plus brides can select one wish:
  - Three one-hour, one-on-one sessions for the bride or groom with Gabrielle Tüscher, The Peninsula's Guest Nutrition Advisor
  - One pre-wedding trial make-up session and one make-up application on the wedding day by Suavé
  - One pre-wedding trial hair session and one hair style on the wedding day by Suavé

The "Blushing Bride" three-month package is HK\$ 8,600.

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## **BRILLIANT TOUCHES**

The “Brilliant Touches” one-month package includes:

- Two 50-minute facials of your choice from the treatment menu
- Two 30-minute Salt and Oil Full-Body Exfoliations
- Two 50-minute Anti-Cellulite Hip and Thigh treatments or massages of your choice from the treatment menu
- Plus brides can select one wish:
  - Two French manicures and two French pedicures by Suavé
  - Haircuts for bride and groom (one each) with an Artistic Director at Suavé
  - Hair style on the wedding day by Suavé

The “Brilliant Touches” one-month package is HK\$ 5,500.

## **TRULY INVITING**

“Truly Inviting” is a one-month programme tailor-made for bridesmaids and groomsmen, and includes:

- Two 50-minute Instant Brightener Intensive facials
- One 30-minute Salt and Oil Full-Body Exfoliations
- One 50-minute massage of your choice from the treatment menu
- Plus bridesmaids and groomsmen can select one wish:
  - One manicure or pedicure at Suavé
  - One haircut by a member of the Artistic Team at Suavé
  - Half leg wax and underarm wax at The Peninsula Spa

The “Truly Inviting” one-month programme is HK\$ 3,400 per person.

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## Sample Spa-ty Menu at The Lobby

Cajun Chicken Salad with Mango, Beetroot and Walnuts  
or

Hearty Tomato Soup with Basil Pesto and Grissini

Poached Beef Fillet with Vegetables and Barley Broth  
or

Steamed Black Cod Fillet with Brussels Sprouts and Boiled Potatoes

Papaya Rose with Ginger Honey and Lychee Sherbet  
or

Yoghurt and Lime Mousse over Crushed Berries

Organic Peninsula tea selection :

Peninsula Blend

*Refreshing, stimulating and a rich source of antioxidants*

Oolong

*Increases energy*

Black Lychee

*Contains flavonoids and other antioxidants to help prevent cell damage*

Chrysanthemum

*Well-known for its cooling properties, sweet fragrance and flavour*

HK\$ 350 plus 10% service charge per person

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Offering a deeply personalised spa experience like nowhere else in Hong Kong, The Peninsula Spa by ESPA forms part of The Peninsula Hong Kong's three-floor health and fitness facility. The 12,000-square-foot (1,116 sq m) Spa occupies two floors, offering sweeping views of Victoria Harbour and 14 state-of-the-art treatment rooms, creating an oasis of calm in the city for guests to renew themselves in mind, body and spirit.

The Peninsula Hotels has combined with leading international spa consultancy ESPA, headed by renowned spa authority Susan Harmsworth, to develop the ultimate in spa concepts. ESPA has created exclusive treatments and products tailored for Peninsula guests, and ESPA-branded products will be the sole product line carried in The Peninsula Spa. The treatments draw upon Eastern and Western wellness and relaxation philosophies, emphasising a back-to-basics approach with authentic treatments delivered by highly trained therapists.

For reservations and further details, please contact 2315 3322, fax : 2722 4170 or e-mail : [spaphk@peninsula.com](mailto:spaphk@peninsula.com).

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Incorporated in 1866 and listed on the Hong Kong Stock Exchange, The Hongkong and Shanghai Hotels, Limited is a holding company whose subsidiaries are engaged in the ownership and management of prestigious hotels, and commercial and residential properties in key destinations in Asia and the USA. The hotel portfolio of the Group, The Peninsula Hotels, comprises The Peninsula Hong Kong, The Peninsula New York, The Peninsula Chicago, The Peninsula Beverly Hills, The Peninsula Tokyo, The Peninsula Bangkok, The Peninsula Beijing, The Peninsula Manila, The Peninsula Shanghai (opening 2009), and Quail Lodge Resort and Golf Club in Carmel, California. The property portfolio of the Group includes The Repulse Bay complex, The Peak Tower and The Peak Tramways, St. John's Building and The Landmark in Ho Chi Minh City, Vietnam.

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