

1 May 2009

**“FLY AND RELAX” –
A NEW PROGRAMME AT THE PENINSULA SPA BY ESPA**

The Peninsula Hong Kong, the only hotel in the city with a helipad and its own helicopter, launches “Fly and Relax”, a new heli-programme, in conjunction with The Peninsula Spa by ESPA. For the first time, treatments at The Spa are being combined with a “flight-seeing tour”, allowing guests a bird’s eye view of the city.

Guests begin their “Fly and Relax” programme by checking in for their 15-minute “flight-seeing” tour at the China Clipper, a lounge located on the 30th floor of The Peninsula Hong Kong offering spectacular harbour views. The delightful tour, with the pilot’s explanation of what is being viewed, truly allows guests a completely different perspective on the city.

After “flight-seeing”, guests proceed to The Spa, and are encouraged to use the Relaxation Area and Thermal Suite for up to 60 minutes, including the harbour-view Sauna, Crystal Steam Room, Experience Shower and Infrared Ice Fountain, to prepare the body and mind for the treatments to come. Treatments begin with a 60-minute De-stressor Aromatherapy Massage, which is a therapeutic and holistic massage using especially blended oils for a relaxing and calming effect. This is followed by a 50-minute, skin-specific Intensive Facial (guests select from Oil Controller, Instant Brightener, Desensitiser or Skin Rescue). After their treatments, guests are escorted to The Peninsula’s Roman-style, harbour-view swimming pool to enjoy a light and healthy “*Naturally Peninsula*” lunch or afternoon tea poolside.

“Fly and Relax” is HK\$ 6,800 for two or HK\$ 7,800 for three people. For reservations, please call The Peninsula Spa by ESPA on (852) 2315 3322 or e-mail: spahk@peninsula.com.

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